

Pool 1 Schedule March 3-April 27

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	YMCA CLOSED	YMCA CLOSED
6:00AM							
6:30AM							
7:00AM							
7:30AM							
8:00AM						LAP SWIM/JOG 7:15-9:00	
8:30AM							
9:00AM							
9:30AM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	3:DEEP WATER 9:30-10:30 3:LAP SWIM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	3:DEEP WATER 9:30-10:30 3:LAP SWIM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	4:SWIM LESSONS 2:LAP SWIM 9:00-12:00	YMCA CLOSED
10:00AM							
10:30AM	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	5: LAP SWIM 1: PRIVATE LESSONS 12:00-2:00	
11:00AM							
11:30AM							
12:00PM							
12:30PM							
1:00PM							
1:30PM							
2:00PM						POOL CLOSED	POOL CLOSED
2:30PM							
3:00PM							
3:30PM	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30- 6:00	YMCA CLOSING AT 4:00	YMCA CLOSING AT 5:00
4:00PM							
4:30PM							
5:00PM							
5:30PM							
6:00PM							
6:30PM	2: LAP SWIM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00	2: LAP SWIM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00	POOL CLOSED		
7:00PM	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30			
7:30PM	LAP SWIM 8:00-8:30	LAP SWIM 8:00-8:30					
8:00PM	YMCA CLOSING AT 9:00					YMCA CLOSING AT 9:00	
8:30PM							
9:00PM							
10:00PM							

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water