

Pool 1 Schedule December 22 - January 6

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	YMCA CLOSED	YMCA CLOSED
6:00AM							
6:30AM							
7:00AM							
7:30AM							
8:00AM							
8:30AM							
9:00AM							
9:30AM	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	LAP SWIM/JOG 7:15-12:00	
10:00AM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM		
10:30AM	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	5: LAP SWIM 1: PRIVATE LESSONS 12:00-2:00	
11:00AM							
11:30AM							
12:00PM							
12:30PM							
1:00PM							
1:30PM	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	RENTALS 2:00 - 3:30	4: LAP SWIM 2:OPEN SWIM 1:00-4:30
2:00PM							
2:30PM							
3:00PM	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00- 6:30		
3:30PM							
4:00PM							
4:30PM							
5:00PM							
5:30PM	4:LAP SWIM 2:OPEN SWIM 6:30-8:30	3: SWIM TEAM 3:LAP SWIM 6:30-7:00	4:LAP SWIM 2:OPEN SWIM 6:30-8:30	3: SWIM TEAM 3:LAP SWIM 6:30-7:00	POOL CLOSED	YMCA CLOSES AT 4:00	YMCA CLOSES AT 5:00
6:30PM		4:LAP SWIM 2:OPEN SWIM 7:00-8:30		4:LAP SWIM 2:OPEN SWIM 7:00-8:30			
7:00PM							
7:30PM	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00		
8:00PM							
8:30PM							
9:00PM	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00	YMCA CLOSES AT 9:00		
10:00PM							

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water