

Pool 1 Schedule October 20 - December 21

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	YMCA CLOSED	YMCA CLOSED
6:00AM							
6:30AM							
7:00AM							
7:30AM						LAP SWIM/JOG 7:15-9:00	
8:00AM							
8:30AM							
9:00AM							
9:30AM	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	4:SWIM LESSONS 2:LAP SWIM 9:00-12:00	
10:00AM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM		
10:30AM	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00		
11:00AM							
11:30AM							
12:00PM						5: LAP SWIM 1: PRIVATE LESSONS 12:00-2:00	
12:30PM							
1:00PM							
1:30PM	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	RENTALS 2:00 - 3:30	4: LAP SWIM 2:OPEN SWIM 1:00-4:30
2:00PM							
2:30PM							
3:00PM	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00-6:30	SWIM TEAM 3:00- 6:30	YMCA CLOSING AT 4:00	
3:30PM							
4:00PM							
4:30PM							
5:00PM							
5:30PM							
6:00PM							
6:30PM	2: Lap Swim 4:SWIM LESSONS 6:30-7:00	3: SWIM TEAM 3:LAP SWIM 6:30-7:00	2: Lap Swim 4:SWIM LESSONS 6:30-7:00	3: SWIM TEAM 3:LAP SWIM 6:30-7:00	POOL CLOSED		YMCA CLOSING AT 5:00
7:00PM	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30			
7:30PM	LAP SWIM 8:00-8:30		LAP SWIM 8:00-8:30				
8:00PM							
8:30PM	YMCA CLOSING AT 9:00						
9:00PM							
10:00PM							

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water