

Gym 2 Schedule October 1st- December 21st							
Day/Time	MON	TUES	WED	THUR	FRI	SAT	SUN
5:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	THE Y OPENS AT 7:00 AM	THE Y OPENS AT 1:00 PM
6:00 AM						GYMNASTICS 7:30-9:30am	
7:00 AM							
8:00 AM							
9:00 AM	Y WALKERS	OPEN GYM	Y WALKERS	OPEN GYM	Y WALKERS		
10:00 AM							
10:30 AM							
11:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	TAE KWON DO	CHEERLEADING (until 11/5) INDOOR SOCCER (starts 11/5)	TAE KWON DO	VOLLEYBALL LEAGUES		THE Y CLOSES AT 4:00 PM	OPEN GYM 1:00-5:00 PM
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM	GYM CLOSES AT 9PM						

- 1) Open Gym: Open to members and non-members. Anyone under the age of 13 must be accompanied by an adult.
2) Member Service: Opens at 7:00 am Monday through Saturday, and 1:00 pm on Sunday. The front desk closes 1/2 hour before the facility closes.
3) Pickup Basketball: Open to members and non-members.

Gym 1 Schedule October 1-December 21st							
Day/Time	MON	TUES	WED	THUR	FRI	SAT	SUN
5:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	THE Y OPENS @ 7:00 AM	THE Y OPENS @ 1:00 PM
6:00 AM							
7:00 AM							
8:00 AM	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	OPEN GYM	
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	PICK UP BASKETBALL	PICK UP BASKETBALL	PICK UP BASKETBALL	PICK UP BASKETBALL	PICK UP BASKETBALL	OPEN GYM	
1:00 PM							
2:00 PM							
3:00 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
4:00 PM							
5:00 PM							
6:00 PM	BASKETBALL	INDOOR SOCCER CLINIC (starts 11/5)	BASKETBALL	VOLLEYBALL LEAGUES			
7:00 PM							
8:00 PM							
9:00 PM	THE Y CLOSSES AT 9:00 PM						
10:00 PM							

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