

WAYNESBORO AREA YMCA



FALL IS FOR FAMILIES

FALL 1: August 26-October 19
Registration Dates:
Members: August 5
NonMembers: August 12



MEMBERSHIPS

PROGRAMS

ACTIVITIES



WAYNESBORO AREA YMCA • waynesboroymca.org • 717-762-6012
810 East Main Street • Waynesboro, PA 17268

MEMBERSHIP FOR ALL



BECAUSE UNLOCKING YOUR POTENTIAL
MEANS EVERYTHING



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Membership

Monthly

Monthly

Effective 9/1/24

Youth (6-12 yrs)	\$16.00	\$18.00
Teen (13-18yrs)	\$19.00	\$21.00
Young Adult (19-23 yrs)	\$30.00	\$32.00
Adult (24-61 yrs)	\$44.00	\$46.00
One Adult Family	\$54.00	\$56.00
Two Adult Family	\$69.00	\$71.00
Senior (62+yrs)	\$39.00	\$41.00
Senior Couple	\$60.00	\$62.00

Children Under 6 yrs old: must be associated with a family membership or pay non-member prices to participate in programs.

Full Time College Students: Undergraduate full-time college students may remain on a family membership until the age of 24. Proof of college attendance is required.

PAYMENT OPTIONS

MONTHLY DRAFT/PERPETUAL: Membership fees will be deducted directly from credit card or a specified bank account each month on the same day. This payment is perpetual and will continue until the billing member submits membership cancellation in writing and received two-weeks in advance of the monthly draft.

TERMED: These memberships have a fixed fee which is paid in FULL at time of registration. Member can purchase 3-month or 6-month membership options.

ANNUAL: Member pays for membership in FULL at time of registration.

PARTICIPATING OPTIONS

Full Memberships: Full membership permits all YMCA privileges and full use of facilities (some areas are restricted by age).

Day Pass: Valid for one-day recreational use of facility: Adult:\$7, Young Adult:\$6, College Student (w/college ID):\$5 Teen:\$4, Youth:\$3 (must be accompanied by an adult)

Teen Day Passes ARE NOT AVAILABLE from school dismissal time through 6PM.

Active Duty Military: free access for the day (must present military ID) for a maximum of two consecutive weeks.

Athletic Club Locker Room: Open to adult members ages 19 years and older. Features include lockers for rent, sauna and steam room, and towel service. MAC (Men)/WAC (Women): \$8/month; Locker rental: \$3/month

Rental Lockers: Also available in General Locker rooms at \$3/month

Financial Assistance: Financial assistance may be awarded for memberships, programs, BASC and summer day camps. Applications are available at the member service desk or online: waynesboroymca.org If you have questions, please contact kathy@waynesboroymca.org

Insurance Paid Memberships: We currently participate with SilverSneakers, Silver&Fit and Renew Active. Contact your insurance provider to get a confirmation number before you join; then simply stop by the Y to present photo ID and insurance card. Once information is collected, our staff will contact you within 24-48 hours to confirm eligibility at our Y.

Nationwide Membership (NWM): Members will be allowed access via NWM providing he/she has a current active membership with an NWM participating YMCA. Please bring your photo ID and YMCA ID to Member Services. Kindly note that a visiting NWM member must visit their home branch 51% or more each month; or, they will be asked to join our Waynesboro Area YMCA. Program-only participants (including Silver Sneakers, Silver & Fit, Active & Fit, Renew Active or other like programs) are not eligible for NWM access.

Medical Membership Hold: In the event of a medical emergency, the Y can place your membership on hold with a physician's note.

CANCELLATION POLICY

Membership cancellations must be in writing and require a two-weeks advanced notice of the draft date to avoid being charged for the next month's draft. Please note that we are not a drop-in facility, monthly membership fee covers the entire month; member will be charged regardless of facility usage visits. All outstanding balances must be paid prior to cancellation.



AFTER HOURS ACCESS TO THE Y!

WORK OUT ON YOUR SCHEDULE WITH AFTER HOURS ACCESS TO THE Y.

HOW IT WORKS: AFTER HOURS is a membership add-on that gives adult members access to the Wellness Center, Spin Room, and Functional Training Room during hours when the facility is closed. This includes late night, and early morning hours, extended hours on the weekends, holidays, and potentially during inclement weather closures.

For adult members in good standing and 18 years or older. Qualifying members must have an annual paid membership OR have a perpetual monthly draft associated with their account. This membership amenity is available to corporate membership types. Facilities will be monitored AFTER HOURS with state of the art surveillance equipment and equipped with two emergency beacons.

HOW TO PARTICIPATE

- Those with qualifying membership types must activate their AFTER HOURS membership at the Member Service Desk.
- Agree to the AFTER HOURS access waiver
- Update your profile picture and review the special instruction brochure.

Y Wellness 24/7 our virtual wellness platform, available anytime from anywhere!



Y Wellness 24/7 is available exclusively to our members, free with their Waynesboro Area YMCA membership. Y Wellness 24/7 is a virtual wellness platform providing access to hundreds of live and on-demand group exercise classes, sports and play programs led by YMCA instructors. Additionally, the platform also includes access to thousands of on-demand classes from instructors nationwide - including classes in training, mindfulness, nutrition, stress management, and more.

HOW IT WORKS? Visit our website and click on the YWellness24/7 Button to get started.

First-time users will create their own platform login; returning users simply login and start browsing for classes! The primary screen will feature the instructors and teachers of other YMCA associations participating on our platform as well as access to classes from other instructors, nationwide. Be sure to join the Y Wellness 24/7 Facebook Group to stay connected to other wellness enthusiasts!

LIVESTRONG[®] AT THE YMCA

Cancer is a life-changing disease that takes a tremendous physical and emotional toll on those affected. The Y and the LIVESTRONG Foundation have joined together to create LIVESTRONG at the YMCA, a research-based physical activity and well-being program designed to help adult cancer survivors reclaim their total health. By focusing on the whole person and not the disease, LIVESTRONG at the YMCA is helping people move beyond cancer in spirit, mind, and body. This program is funded by the Waynesboro Area Gala Cancer Auction. Visit waynesboroymca.org and/or contact Sarah@waynesboroymca.org more info.



RENT THE Y FACILITIES



Whether you have a birthday or a group that just wants to get together and have fun, we have the places for you. The Y offers several rental options of various rooms within our facility, including: 2 pools, 2 gyms, Teen center, Pavilion
Stop at the Y Member Services desk and fill out the Facility Rental Request Form (also on our website waynesboroymca.org).
Have more questions about rentals?
Please contact the Y: 717-762-6012

SCHOOL AGED CHILDCARE

2024-2025 BEFORE & AFTER SCHOOL PROGRAM

K-5th grade. Our Before and After School Care program provides a safe environment for elementary school students. The before school program runs between 6:30am until the start of school and the after school program runs from dismissal until 6:00pm

- WASD location is the elementary school the child attends.
- GCASD location is the Greencastle Church of the Brethren.
- BASC care is only held on days the school district is open for in-person child instruction
- Daily tuition includes an afternoon snack (after school care only), crafts and activities, and supervision of your child by the Y staff. Daily tuition is charged for the days a child is enrolled, regardless of child's attendance, in order to retain your child's space in the program.
- There is a \$50 registration fee. This fee holds a child-care space for your child or a place on the waiting list.
- Financial assistance is available through the Y's Open Doors Financial Assistance Program.

2024-2025 SCHOOL'S OUT CLUB & SNOW DAY CLUB

Grades K-5th School's Out Club is offered on most weekdays WASD is not in session. Register for as many days as you need. In case of inclement weather, and schools close, registration opens for Snow Day care at 7am following the announcement of WASD school closure. We offer games, crafts, swimming and snack. Bring a packed lunch, swimsuit, and towel.

School's Out and Snow Day are separate registration from BASC. School's Out Dates are available at waynesboroyymca.org

	Time	Member per day	NonMember per day
School's Out Club	7AM-5:30PM	\$32	\$38
Snow Day Club	8AM-5:30PM	\$32	\$38

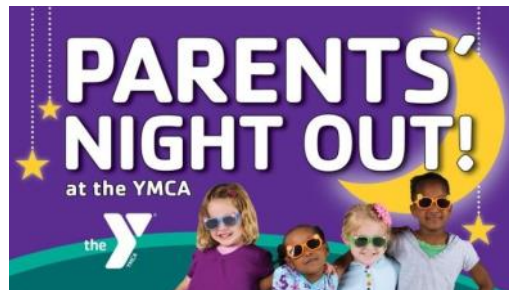


The YMCA Mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. We are committed to providing activities that nurture the potential of every child and teen, improve the nation's health and well-being and provide opportunities for neighbors to give back and support their community.

Show Your Support and Give Today!

When you give to the Y, you're doing your part to strengthen our community—and a strong community is good for everyone. Whether you're helping a child in need attend summer camp, giving someone the assistance they need to make a healthy change in their life, or helping our families with child care, your gift will let us continue to affect positive change in our region. For more information, contact the Y at 717-762-6012. Giving is easy online: Scan the QR code or go to waynesboroyymca.org

2024-2025 Registration information is available, contact
Amy Donald
P: 717.762.6012
E: amy.d@waynesboroyymca.org



PARENTS' NIGHT OUT:

Friday, September 13: 5:00-8:30PM

3 months-10 years

Enjoy a night out while we entertain the children
 Craft * Group Activities * Active Play time,
 Pizza and snack provided for ages 2 and up

Members: \$25/1st child; \$10 each add. child
 NonMembers: \$35/1st Child; \$15 each add. child
 Register by noon on Friday, September 13th

Drop Off starts at 4:50pm:
 Ages 3 months-4 year drop off @ Child Watch
 Ages 5-10 years drop off @ Youth Center

Parents' Night Out 2024 Dates:
 September 13 October 18
 November 15 December 13

A BETTER US STARTS WITH U

A job can be so much more than a paycheck. When you work for the Y, you're helping to empower young people, improve health and well-being, and inspire action in our community.

- We currently have openings:
- +Certified Lifeguards
 - +Experienced Swimming Instructors
 - +AquaFit Instructors
 - +Before and After Care Staff

The Y is the leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other.
FREE Y MEMBERSHIP! Apply today!



SWIM LESSONS

FYI: POOL 1 is a large lap pool. POOL 2 is a small warmer pool.

The YMCA Swim Lesson Curriculum is a core group of aquatic skills every person needs to be safe around water. Students begin with and build upon skills they are ready to learn, helping them to celebrate their successes, build self-confidence, and enjoy learning to swim and water safety. Level information is posted on the website, any questions, can be directed to Swim Lesson Coordinator at swimlessons@waynesboroyymca.org **Parents accompany children in Level A & B for children 6 month-3yrs .

FALL 1

PRESCHOOL: AGES 3-5

LEVEL	DAY(S)	TIME	MEMBER	NM
Level A**	Saturday	8:30-9:00a	\$54	\$85
Level B**	Tues/Thurs Saturday	8:30-9:00a 9:00-9:30a	\$96 \$54	\$128 \$85
PRE-SCHOOL LEVEL 1	Mon/Wed	5:30-6:00p	\$96	\$128
	Tue/Thur	9:00-9:30a	\$96	\$128
	Saturday	9:30-10:00a	\$54	\$85
	Saturday	10:30-11:00a	\$54	\$85
	Saturday	11:00-11:30p	\$54	\$85
PRE-SCHOOL LEVEL 2-3	Mon/Wed Saturday	6:00-6:30p 10:00-10:30a	\$96 \$54	\$128 \$85

LEVEL	DAY(S)	TIME	MEMBER	NM
YOUTH LEVEL 1	Mon/Wed	6:35-7:15p	\$96	\$128
	Saturday	9:40-10:20a	\$54	\$85
YOUTH LEVEL 2	Mon/Wed	6:35-7:15p	\$96	\$128
	Saturday	9:00-9:40a	\$54	\$85
	Saturday	10:20-11:00a	\$54	\$85
YOUTH LEVEL 3/4/5	Mon/Wed	7:15-7:55p	\$96	\$128

YOUTH: AGES 6-15

AQUAFIT/ADULT AQUA

ROM (RANGE OF MOTION) AQUATICS- POOL 2

15 years & older Our ROM class helps relieve stiffness, increase flexibility and overall mobility. POOL 2

Day	Time	Member	Non- Member
Mon.-Fri.	10:30-11:30a	\$40.00	\$80.00

ACTIVE AQUATIC ADULTS (ACTIVE OLDER ADULTS)-POOL 2

15 years & older Aquatic class provides a lower impact aerobic workout which improves flexibility and cardiovascular strength.

Day	Time	Member	Non- Member
Mon./Wed./Fri.	11:30a-12:30p	\$26.00	\$52.00

POWER HOUR-POOL 1

15 years & older One hour of high intensity aqua fitness program includes 30 minutes of cardio guaranteed to increase your heart rate and increase strength conditioning.

Day	Time	Member	Non- Member
Mon./Wed./Fri.	9:30-10:30a	\$26.00	\$52.00

DEEP WATER-POOL 1

15 years & older One hour of deep water exercise includes warm up, flexibility and intense cardio exercises and a cool down.

Day	Time	Member	Non- Member
Tues./Thurs.	9:30a-10:30a	\$18.00	\$36.00

AQUAFIT-POOL 2

15 years & older A low impact but high intensity water aerobics class. Exercises are performed to lively, motivation music and are effective and easy to follow.

Day	Time	Member	Non- Member
Mon.	6:30p-7:30p	\$12.00	\$28.00

PRIVATE SWIM LESSONS

Private swimming lessons are offered on a limited basis. Please complete a lesson registration form and return it to the Aquatics office for approval. Price includes four-30 minutes lessons based on available pool time. Lessons are paid for in advance. Cancellations must be made 24 hours in advance or you will be charged for the missed session. Member: \$80.00 NonMember: \$140.00

WAVES SWIM TEAM: ROOKIE CAMP

This 4 day program is for anyone ages 5-18 who is interested in the Waves Swim Team, but not sure if they're ready to join. Participants must be able to:

- » swim a 25 meter lap with their face in the water
- » 25 meter lap on their back
- » float on their front and back.

At the end of the week, the coaching staff will recommend a swim team level or swim lessons. Rookie Camp is free, but each participant must be registered.

TIME: 5:30-6:30pm

At Northside Park Pool - August 19-22

At Waynesboro Area YMCA - August 26-29

Contact jon@waynesboroyymca.org for more information.

WAVES SWIM TEAM:

Join the WAVES team! Swim Team registration will be held at the Northside Park Pool; August 20-22: 5:30-6:30PM. Team season runs: September 2-March 10 Info and packets are available to the member service desk. Contact the Y: jon@waynesboroyymca.org for more information.

NEW!!! SilverSneakers SPLASH!

A fun, shallow-water exercise class that uses a splash-board to increase movement and intensity options.

Splash is suitable for all skill levels and is safe for non-swimmers. The pool provides many benefits when used for aerobic exercise and resistance training. *In Pool 2

Days	Time	Member	Non- Member
Mon./Wed.	7:30a-8:30a	\$18.00	\$36.00

GYMNASTICS & RECREATION

KINDERGYM

3– 5 years old Beginner tumbling for preschoolers. Children will get familiar with the apparatus while learning stretches and age appropriate skills.

LEVEL	DAY	TIME	MEMBER	NM
KINDERGYM	Sat.	9:00–9:30a	\$40	\$75

NEW LITTLE MOVERS

2–4 years old Focuses on basic movement skills and fun fitness play! Play-based movement patterns, incorporating song, dance, games and more! Adults will participate with their little movers to keep them engaged during this fun and imaginative 30-minute class.

LEVEL	DAY	TIME	MEMBER	NM
LITTLE MOVERS	Thurs.	11:00–11:30a	\$32	\$48

CO-ED VOLLEYBALL LEAGUE

ages 15 and over Season runs: Sept. 5–Nov. 21
Team Roster Deadline: August 29
Registration/payment Deadline: September 5

DAY	TIME	MEMBER	NONMEMBER
Thursdays	6:00p	\$40	\$55
		Substitutes \$5 game	

PICK-UP BASKETBALL

ages 15 and older Basketball play for any player.

Day	Time	Member
Mon.–Fri.	12–2:30p	FREE
Mon. & Wed.	6–9:00p	FREE

PICK-UP PICKLEBALL

Pickleball play for any player.

Day	Time	Member
Tues. & Thurs.	6–9:00p	FREE

PICKLEBALL LESSONS

Lessons offered Monday–Friday between 8am–12pm or upon instructor/customer availability, for more information contact Melissa Murray, certified pickleball instructor:

cyclewithme@yahoo.com

Register at the Y: Nonmembers will need to purchase a guest pass for each visit or join the Y.

PICKLEBALL LESSONS

4 lesson pack: \$75
6 lesson pack: \$90
Private lesson: \$20/lesson
(each lesson= 45 minutes)

INTRODUCTORY GYMNASTICS

6–12 years old Basic tumbling program focusing on teaching basic skills on beam, vault and floor.

LEVEL	DAY(S)	TIME	MEMBER	NM
INTRODUCTORY GYMNASTICS	Saturday	8:00–9:00a	\$54	\$95

TAE KWON DO

5 years and older Tae Kwon Do for youth and adults. The core principles of this Korean martial arts training is self-discipline and a high code of personal conduct with an emphasis on kicking techniques. Begins September 9th

LEVEL	DAY(S)	TIME	MEMBER	NM
ALL LEVELS	Mon/Wed	7:00–8:00p	\$84	\$128

NEW: INSTRUCTIONAL BASKETBALL CLINICS

Girls 3–6th grade Designed to give girls the confidence and skills they need to excel in basketball. Sept. 14–Nov. 2

LEVEL	DAY	TIME	MEMBER	NM
ALL LEVELS	Saturday	9:30–10:30a	\$80	\$100

LACROSS CLINICS

Grades K–5th Players will learn the basic skills, game concepts and rules of the game with positions and light scrimmage play. Participants are encouraged to bring their own stick but not necessary. No checking and no contact will be taught as protective equipment is not required. Sept. 16–Nov. 7

LEVEL	DAYS	TIME	MEMBER	NM
ALL LEVELS	Mon/ Thurs	5:00–6:30p	\$80	\$125

NEW: NFL FLAG FOOTBALL LEAGUE

In association with D.A. Sports with Coach Dell, the NFL Flag Football League will begin on October 5th. For more information contact Coach Dell: 240-318-4494

DAY	TIME	FEE
Saturdays	9A–1P	\$95.00

Registration is only through D.A. Sports



GROUP EXERCISE

GROUP POWER

Blast all your muscles with this hour long, high-rep weight training workout. Using an adjustable barbell, weight plates, and bodyweight, Group Power combines squats, lunges, curls and presses with a variety of functional integrated exercises.

NEW! GROUP FIGHT

A challenging, athletic, and motivating thrill ride that will strengthen your entire body and prepare you for any of life's battles. MMA-inspired cardio training will have you kicking, punching, jabbing, jumping, and sweating your way to your healthier, happier, and ready-for-anything self.

NEW! GROUP CORE

Your athletic 360-degree firm foundation builder that will make you stronger, quicker, and faster in all you do. The 30-minute workout will strengthen your body, shoulders to hips, front to back, and side to side, which improves athletic performance but can also reduce back pain and help you move with ease in real life.

STEP AND GROOVE

Add some fun to your workout, by mixing step aerobics and easy groove vibes. By utilizing the step for leg and cardio training, and fun dance moves with low and high impact options, you'll step and groove your way to improved fitness!

YOGA

Yoga can assist in managing stress and illness, increasing flexibility, and promoting relaxation. Our instructors give options and modifications to meet the needs of new health seekers and experienced yogis.

BODY BALANCE

A combination of stretch and balance increasing a functional lifestyle. You'll experience flexibility, balances and core strength.

BUTTS & GUTS

Interval training for 30 minutes 20sec/10sec followed by a 30 minute floor work focusing on these 2 key areas!

ZUMBA

Combining latin and international music and dance to create a dynamic calorie-burning form of workout. This class features aerobic training that is a fusion of slow and fast rhythms to tone and sculpt your body.

QIGONG "Chee Gong"

Practice of slow, repetitive movements coordinated with breath and meditation, to open energy pathways. The practice is beneficial for people of all ages. It can be done standing up or sitting.

CYCLE

Choose the classic hour long ride, or challenge yourself with shorter, more intense interval training! Spin is low-impact calorie scorching cardio for all levels. Class size is limited.

NEW! MOVEMENT FUSION

Explore natural and functional movement fused with yoga inspired stretches and mind body connection.

NEW***TEEN***GROUP FIGHT & GROUP POWER

After school fitness classes offered for our Y teen members! Classes are modified for TEENS ages 13-17.

GROUP EXERCISE CLASSES ARE FREE TO MEMBERS (Ages 13+)!
\$5 Program Drop-In Pass available for non-members.

Schedules are available at member services and on our website:

www.waynesboroymca.org

Keep up-to-date with

the Facebook Group:

Waynesboro YMCA Group Fitness

SilverSneakers Classic

Chair exercise class that allows participants to work on basic strengthening exercises from the seated position. The focus is on strengthening muscles and increasing range of motion without impact or overexertion.

SilverSneakers Circuit

Similar to the classic class, with the option for more vigorous movement. Participants should be able to stand for 45 minutes.

SilverSneakers Yoga

SilverSneakers Yoga will move your whole body through a series of seated and standing poses with chair support as needed. Restorative breathing exercises will promote relaxation while a variety of poses increase flexibility, balance, and range of motion.

NEW! SilverSneakers SPLASH!*

A fun, shallow-water exercise class that uses a splash-board to increase movement and intensity options. Splash is suitable for all skill levels and is safe for non-swimmers.

The pool provides many benefits when used for aerobic exercise and resistance training.

*In Pool 2

PERSONAL TRAINING

Working with a trainer provides support, motivation, and accountability. Schedule a consult with a certified trainer to help

	Rates	Member
develop realistic long and short term goals!		
Sessions are available in 60/30 minute packages.	60 min 30 MIN	\$45.00 \$35.00

To help our clients track their progress, we offer a complimentary InBody scan with every 5 session package purchased. Ask your trainer how the InBody scan helps you dial in your training and diet, and keeps you motivated!

the Y **SUMMER FOOD & CONCERT EVENTS**
at the **WAYNESBORO AREA YMCA**



Food trucks, music, playground and yard games will be available. Join at Cookie's Corner Pavilion!

August 21: 4:30-7:30pm

Fat Russ' BBQ & Catering Service & Chillin' Out Snowballs

Music by: Drew Adams Acoustic



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Waynesboro Area YMCA Swim Team

You're invited to Rookie Camp!
Get the swim team experience!

This 4 day program is for anyone ages 5-18 who is interested in the Waves Swim Team, but not sure if they're ready to join.

Participants must be able to:

- » swim a 25 meter lap with their face in the water
- » 25 meter lap on their back
- » float on their front and back.

At the end of the week, the coaching staff will recommend a swim team level or swim lessons.

There is no fee for Rookie Camp, BUT each participant must be registered.

TIME: 5:30-6:30pm COST: FREE

» At Northside Park Pool - August 19-22

» At Waynesboro Area YMCA - August 26-29



Register today at 717-762-6012 or online: waynesboroyymca.org

For more information contact: jon@waynesboroyymca.org

**FIND YOUR FUN.
FIND YOUR Y.**

**BEFORE & AFTER
SCHOOL CARE**

Our DHS licensed Before & After School Care program provides a safe environment for elementary school students.

For more info contact Amy Donald,
Youth Development Director
amy.d@waynesboroyymca.org 717-762-6012

810 East Main Street
717-762-6012 (phone)
717-762-4368 (fax)
www.waynesboroyymca.org

BUILDING HOURS:

Monday- Friday	5:00a- 9:00p
Saturday	7:00a- 4:00p
Sunday	1:00p- 5:00p

MEMBER SERVICES DESK:

Monday- Friday	7:00a- 8:30p
Saturday	7:00a- 3:30p
Sunday	1:00p- 4:30p

CHILD WATCH:

Monday- Thursday	8:30a- 11:00a & 4:30p-7:30p
Friday	8:30a- 11:00a
Saturday	8:00a- 11:00a
Sunday	CLOSED

SESSION DATES:

Summer 1: June 17-August 10

Fall 1: August 26-October 19

Registration Dates:

Members: August 5

NonMembers: August 12



**WORK OUT ON YOUR SCHEDULE WITH
AFTER HOURS ACCESS TO THE Y.**
Contact Member Services for more
information or call 717-762-6012.

**POOL 2 (small pool) will be CLOSED
August 12-16 for maintenance.**

STAFF DIRECTORY

Executive Director, Dr. Kim Eaton

kim.e@waynesboroyymca.org

Finance Director, Beth Cool

beth.c@waynesboroyymca.org

Outreach and Development Director, Kathy Bostic

kathy@waynesboroyymca.org

Facility Director, Mike Decker

mike@waynesboroyymca.org

Youth Development Director, Amy Donald

amy.d@waynesboroyymca.org

Aquatics Director, Jon Mata

jon@waynesboroyymca.org

Sports and Fitness Director, Whitney Wolf

whitney@waynesboroyymca.org

8-1-2024