

Pool 1 Schedule July 1 - August 11

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	YMCA CLOSED	YMCA CLOSED
6:00AM							
6:30AM							
7:00AM							
7:30AM	7:30-9:30 5:SWIM TEAM 1: LAP SWIM*	7:30-9:30 5:SWIM TEAM 1: LAP SWIM*	7:30-9:30 5:SWIM TEAM 1: LAP SWIM*	7:30-9:30 5:SWIM TEAM 1: LAP SWIM*	7:30-9:30 5:SWIM TEAM 1: LAP SWIM*	LAP SWIM/JOG 7:15-9:00	
8:00AM	*30 minutes limit each swimmer	*30 minutes limit each swimmer	*30 minutes limit each swimmer	*30 minutes limit each swimmer	*30 minutes limit each swimmer		
8:30AM							
9:00AM							
9:30AM	3:POWER HOUR 9:30-10:30	2:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	2:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	4:SWIM LESSONS 2:LAP SWIM 9:00-12:00	
10:00AM	3:LAP SWIM	4:LAP SWIM	3:LAP SWIM	4:LAP SWIM	3:LAP SWIM		
10:30AM	4:LAP SWIM 2:OPEN SWIM	4:LAP SWIM 2:OPEN SWIM	4:LAP SWIM 2:OPEN SWIM	4:LAP SWIM 2:OPEN SWIM	4:LAP SWIM 2:OPEN SWIM		
11:00AM	10:30-11:30	10:30-11:30	10:30-11:30	10:30-11:30	10:30-11:30		
11:30AM	LAP SWIM 11:30-12:30	LAP SWIM/JOG 11:30-1:30	LAP SWIM/JOG 11:30-1:30	LAP SWIM/JOG 11:30-1:30	LAP SWIM 11:30-12:30	5: LAP SWIM 1: PRIVATE LESSONS 12:00-2:00	
12:00PM							
12:30PM	3: LAP SWIM 3: DAY CAMP 12:30-1:30						3: LAP SWIM 3: DAY CAMP 12:30-1:30
1:00PM							
1:30PM							
2:00PM	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	RENTALS 2:00 - 3:30	YMCA CLOSING
2:30PM							
3:00PM							
3:30PM							
4:00PM							
4:30PM							
5:00PM	SWIM TEAM	SWIM TEAM	SWIM TEAM	SWIM TEAM	POOL CLOSED	YMCA CLOSING	
5:30PM							
6:00PM							
6:30PM	2: SWIM TEAM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00	2: SWIM TEAM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00		YMCA CLOSING	
7:00PM	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30			
7:30PM							
8:00PM	LAP SWIM 8:00-8:30		LAP SWIM 8:00-8:30				
8:30PM	YMCA CLOSING						
9:00PM	YMCA CLOSING						

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water

Please check our website for any updates. We are accepting applications for lifeguards!

6-18-2024

