

Red Cross Blended Learning Class at the Waynesboro Area YMCA February 12-14, 2021

Lifeguard Certification lasts 2 years and includes 1st Aid & CPR along with a Lifeguard book and mask.

Participants must:

- +Complete all eLearning content, including the eLearning written exam (CPR/AED for Professional Rescuers and First Aid).
- +Attend the entire course and participate in all class sessions.
- +Actively participate in all course activities, including assuming various roles during scenarios.
- +Demonstrate competency in all required skills. Pass the final skills scenarios.
- +Successfully pass final written exams with a minimum grade of 80 percent.

<u>Prerequisite:</u> Must be at least 15 yrs old & pass a swim test (300 meter continuous swim; free-style, breaststroke or alternating both with face in the water, 2 min of treading with arms crossed and hands in armpits; legs only & then swim 20 meters, surface dive to retrieve a 10lb object at 7-10ft return to starting point within 1:40)

Swim Test: Please email Sarah Santangelo: sarah@waynesboroymca.org after you complete your registration, to schedule a 30min time period before he first day of class

Classroom Days/Times: Friday: 3-8pm Saturday: 8:30am-5pm Sunday: 3pm-7pm

Price: Members- \$190 Non-Members- \$275

For More Info: Sarah Santangelo: sarah@waynesboroymca.org or 717-762-6012